



District 1-F
IN FOCUS

Volume 1 Issue 6
May/June 2012

District Governor

Lion Walter Holden
847.679.7457
MyLionsClub@aol.com

1st VD Governor

Lion Dennis Burns
847.459.1640
sennid@comcast.net

2nd VD Governor

Lion Bob Surovitz
847.438.4689
lionbobvdg@att.net

Cabinet Secretary

Lion Kathleen Marusich
847.691.3082
kathleenmarulion@gmail.com

Cabinet Treasurer

Lion Andy Toth, PDG
847.223.1887
CT1FLions@juno.com

Jim O'Connor Zone

Lion Molly Penny
847.662.4917
pennys246@comcast.net

Russ Boehm Zone

Lion Martin Reading
C: 847-980-6986
LionMartyReading@aol.com

Milt Tuttle Zone

Lion Barbara Lahtinen
847.593.6797
Lionbarbara@comcast.net

Melvin Jones Zone

Lion Tom Lippert
847.740.2470
tlippert@lindenhurstparks.org

Ang Marcheschi Zone

Lion Alan Barack
815.715.6142
Abarack@aol.com

Richard Kerscher Zone

Lion Bob McCarty, Sr.
847.970.1816
lionbobmccarty@gmail.com

Foundation Trustee

Lion Larry Spaeth, PDG
630-202-2965
Pdgspaeth0607@yahoo.com

Foundation Trustee

Lion Priscilla Hedrick, PDG
847.336.8747
pmhedrickpdg0708@comcast.net

GOVERNOR'S MESSAGE

Mission Statement: It is the goal of our District to become a stronger, healthier organization that will help improve the lives of all those people who need Lion services as we encourage our Lions in their individual growth in service.

Lions of District 1-F:



"I want to be a Lion again!" "I am here to help!" "I would like to get involved with the community I live in, extend my network of friends and foremost help others in need. Also I love the vision and the mission of the Lions and I would love to join a Lions Club."

These are just a few of the comments that I found on recent Prospective Membership forms that were forwarded to me by Lions International. They prove that there are public-spirited people in our District who want to become more involved in their community and are looking for a Lions Club they can join to serve people who need help. It is our job as Lions to contact them, sign them up, and then direct them to fulfilling worthwhile projects that need to be done.

There could not be a better example of a successful Lion project than our efforts to help the victims of the Harrisburg Tornado. Here is quote from a letter I received from Lion David Underwood who is heading up the fund raising effort. "The Lions of Illinois have been a great shot in the arm for this community, the Clubs in our Districts have come together to see that so many will have a chance to return to the life they once had; I have never been prouder than I am today to be called a LION! The compassion and deepest concern from your Clubs will make a difference. The Harrisburg Town and Country Lions cannot begin to express what your efforts have meant to our community and we express our thanks to each and everyone of you. The work of the Lions will never be forgotten."

I attended the 1-CS Convention and met several Harrisburg area Lions including Lion David, PDG Bob Haney and District Governor Alma Young and gave them food stuffs and other things that had been donated by District 1-F Lions. The next day I drove to Harrisburg and found the town to be a clean and well maintained city of 9,700 citizens who gave me the impression that they could handle anything in stride. The only traces left of the damage were a few empty concrete slabs and several boarded up buildings.

We don't have to travel far to find jobs that Lions can do. Since our last newsletter I was able to shoot a 15-minute videotape of a sight impaired lady in Des Plaines so she could prove to Leader Dog that she could take care herself well enough to handle a dog in public. I investigated the possibility of sending a boy to summer camp so he could better learn how to relate to his blind parents. Yesterday I started working with PDG Tom Laws and the Glenview Lions Club is see if we could get a Canine Companion for a boy who is both deaf and disabled.

There is always work for Lions to do, because:

"Lions Focus On Service"

Lion Walt

**Lion Dennis Burns,
1st VDG 1-F**



**Lion Robert Surovitz,
2nd VDG 1-F**



The District 1-F Convention has become part of our history. And I now have the honor of serving you in a different capacity; that of your District Governor. I've often said that I am here to help you; that will not change. But, now I need your help, we are hemorrhaging members at a rate that we can no longer ignore. To be more specific, we are currently down 11 members from last year. The real question is why and what are we going to do about it. This is something I cannot do alone. I personally don't like sending you this message any more than you like hearing it. Following my election at the District Convention, I stated that if a few Lions got together, there was nothing that they couldn't accomplish. During the coming Lions year we need to put that statement to the test. And we need to start NOW.

As of the end of April, the membership of District 1-F is 1,270 Lions; 10 Lions above the number that Lions Clubs International considers a viable District. Just so you know, we are not alone, based on the information I receive, the entire State of Illinois is down members; not to mention the entire country and the current economy is not helping matters. During the years that I've been a Lion, I've heard many challenges be given for each Lion to sponsor a new member. Based on our current membership, it doesn't appear that these challenges have worked. We need to do more than sponsor; we need to make Lions appealing again. We need to find a way to make people want to be a Lion and not just a member of a service organization. The idea is not to just ask someone to be a member; it's to make them want to be a member. That way, they're in for the long term and not just a number on a piece of paper, they are part of something bigger. So what's the answer? Honestly, I don't know. But I'm sure if we put a few good Lions together, they will find one. I ask you to be one of those few good Lions; think about what I've said with an open mind and if you come up with a new idea, send it to me. And we'll work together to make it happen.

Everyone thinks that once you become a District Governor you can do anything you want to.
(continued next column)

As the sun begins to set on the Lion year 2011-2012, we've seen changes, some good, some not so good. But all in all it worked out as it always does.

The Buffalo Grove Lions Club is up and running, making themselves known in their village. The District now has chartered four new clubs in the past five years.

Governor Elect Dennis is in the process of putting the finishing touches on his cabinet. He has a lot of plans for our District in the coming year. Remember our motto "We Serve". So get up and get behind Lion Dennis to make our District the best it can be and to help those in need.

Not too far off, as you know, is our Fall event. The PIG RACES are coming and Lion Molly is whipping those pigs in shape. I heard from a source that Ham Butt is working hard to trim his times. He just might be a good one to place a bet on. As you know we could not do this event without the help of our District members, so please step forward as you have in the past.

Looking forward to a great 2012-21013 Lions Year and I hope to see you all soon.

Continued from first column...

Constitutionally, the District Governor has a great deal of authority, but realistically I cannot do anything I want. If I am to serve you properly, I have many other considerations that come before my desires. I may be your Governor but that doesn't give me the authority to dictate; it just gives me the honor of serving you. And that fact alone limits what I can or cannot do. So what am I going to do? What I'm going to do is listen to your ideas with an open mind. That I can truthfully promise. To do that, I need you to talk to me. How can I listen if no one is talking? I'm not looking for gossip, I'm looking for ideas.

Z ONER'S CORNER...



Jim O'Connor Zone

Gurnee, North Chicago,
Wadsworth, Waukegan Little Fort,
Waukegan Uptown,
Winthrop Harbor, Zion Township

Lion Molly Penny, ZC

As Zone Chair for the Jim O'Connor Zone this past Lion year, it has been an enlightening and pleasurable experience to serve in District 1-F. Not only have I gained further knowledge into the varied club service projects and fund raising activities, but also furthered ties with Lions Club officers and members. These ties will help me as I accept my new position as 2nd Vice District Governor for District 1-F in the upcoming 2012- 2013 Lion year.

In the past few months since our District Convention in March, I have attended general meetings of four clubs in the Jim O'Connor zone, and was quite satisfied as to how the meetings were conducted. The club officers and members were present, an agenda was followed, and all members contributed to the overall theme of each meeting. One club had a guest presenter. I was able to present North Chicago Lion President Kathy Deram-Clark with the first place trophy for 2012 District 1-F Bowling Champions since no one from the club attended the District convention this year.

Waukegan Uptown Lions Club had a presenter from SEDOL at their April meeting. Joyce Zablocki is a teacher of the visually impaired for K-12 Grades, and she came prepared with visual aids to give everyone an idea as to how visually handicapped children do not function properly unless such aid is given to them. Lion Kathleen Hook invited Ms. Zablocki to the meeting to enlighten everyone.



Richard Kerscher Zone

Arlington Heights, Barrington,
Grayslake, Lake Zurich,
Long Grove, Palatine,
Wauconda

Lion Bob McCarty, Sr., ZC



Lion Marty Reading, ZC

Russ Boehm Zone

Deerfield, Highland Park/Highwood,
Lake Forest/Lake Bluff,
Libertyville, Mundelein,
Vernon Hills

Lion Marty Reading, ZC

It has been an honor and privilege to be the Zone Chair for the Russ Boehm Zone this past year. As this Lion's year winds down and we look to a summer filled with lots of outside activities, I begin to look at this past year in the Russ Boehm Zone with a smile. All the Lions in the Zone have been hard at work helping the blind and hearing impaired, along with helping all those others that are less fortunate than us in these tough times here and around the world, all the while having fun at the same time.

I enjoyed attending each of the Russ Boehm's clubs meeting along with many of their club activities this past year including, Highland Park / Highwood's Beach Party, Vernon Hills Ribfest, Mundelein's Turkey Toss, Libertyville's Breakfast with Santa and many more. I would like to thank all the Lions and clubs that helped and attended all three zone meetings this past year. This shows the Russ Boehm zone is filled with Lions that have the passion and dedication that all Lions should look to for inspiration.

One special piece of news that has occurred this year is that the Mundelein Lions club has started the Club Excellence process and is the first club in our district to go through this. I look forward to watching as their club grows and learns more about the needs of their club and community.

On a personal note, in order to improve my leadership skills I have completed some of the online leadership courses from Lion Clubs International. I have also enjoyed attending many events of clubs outside the Russ Boehm Zone and will continue to visit as many club events around the district to be able to enjoy all the Lions in our district have to offer. I would also personally like to thank Lion Mike Baumer PCC for all his help and advice as my mentor in Lions this past year and look forward to working closely with him again next year.

"Don't tell people how to do things, tell them what to do and let them surprise you with their results."

George S. Patton

Z ONER'S CORNER CONTIUED...



Lion Tom Lippert, ZC

Melvin Jones Zone

Antioch, Fox Lake,
Gagewood, Grant Township,
Lake Villa Township, Round Lake

The Lions District 1-F year 2011-2012 will be ending soon with a real "Lions Focus on Service" goal. This was certainly accomplished this year by the Melvin Jones Zone clubs.

I am forever grateful on the great communication with each club and keeping the District 1-F Cabinet abreast on your activities.

This was my first year as Zone Chairman and it was certainly a pleasure meeting all of you. During my club visits I learned a lot about each club and all the positive things you do for your respective communities and Lions in general. Great friendships were also established, including the District 1-F Cabinet. My sincere thanks to all of you for your great work in Lionism... and I know it will continue in 2012-2013.

As always, club officers, please keep your fellow Lions informed and provide information (special events, fundraisers, photos, etc.) to them and to your Lions District 1-F – we really enjoy hearing from you!

Have a fun and safe summer!

District 1-F is pleased to welcome these New Lions!

Gagewood:	Maruo Tosi
Lake Villa Township:	Nely Stittgen Sarah Krause
Lake Zurich:	Sharon Hapanovich Gina Stanton Stephanie Lagenbeck
Schaumburg-Hoffman:	Christopher Maurer



Lion Alan Barack, ZC

Ang Marcheschi Zone

Evanston, Evanston Sunrise,
Glenview, Morton Grove, Niles,
Northfield, Skokie, Winnetka

The Lion Year for 2011 - 2012 is coming to a close. It has been an interesting and learning year for me. I have attempted to meet as many clubs within my zone as possible. I have learned a lot about being a zone chair. It has been an experience that I have had like no other in my years as a Lions club member. All the people that I met have been good people. Hard working Lions working for the cause to help those less fortunate than ourselves.

With this year coming to a close I still have a few things that I would like to finish. I am still meeting with some clubs and hope to be in touch with all clubs. I would like to go over reports and other unfinished business. I want all clubs to know I am available for any help or questions.

I am looking forward to next year, new challenges and meeting more people. Hopefully it will be a positive experience for all involved.



Lion Barb Lahtinen, ZC

Milt Tuttle Zone

Chicago Punjabi, Des Plaines,
Elk Grove Village,
Mount Prospect, Park Ridge,
Prospect Heights,
Schaumburg/Hoffman

As the Lion's year 2011-2012 comes to a close, I wish the members of the Milt Tuttle Zone success in their upcoming projects, which include farmers markets, July 4th festivals, hearing & eye clinics, home town parades and pancake breakfasts. Please refer to the District calendar for the dates and times of these events. For the clubs whose members take advantage of the summer months and do not hold their monthly meetings, I wish the best for a wonderful summer.

A special congratulation goes to Elk Grove Leo Immediate Past President Rachel Mia Kaim on becoming a member of the Elk Grove Lions.

I especially would like to thank the members of the Milt Tuttle Zone for allowing me to serve as your Zone Chair. Attending your meetings and events has allowed me developed many new friendships and learn from all of you. Your efforts to serve, was an inspiration for us to remember why we became Lions.

LIF Trustees Info...



It was just a short time ago that my term of service as Trustee to our Lions of Illinois Foundation for District 1-F Lions began and a short time to go now before that term comes to a close. It has been a privilege to serve the Lions of District 1-F and the Lions of MD-1.

During that time, the Lions of District of 1-F have been called upon repeatedly to step up and provide the needed financial support so that the visual and hearing impaired could be served through our Foundation. You have repeatedly met that challenge with a loud "We Serve"!

Largely through your efforts, our Foundation has been able to purchase two needed "Mobile Units" .and operate the programs mandated by the Lions of MD-1. In addition, our Foundation's endowment fund has also grown to nearly \$8,000,000.00, that is nothing short of spectacular!

I thank the Lions for their support and their commitment to the visual and hearing impaired and to their communities. You always have inspired my service and are a beacon of service, which continues to shine as an example for all to emulate.

It is now time for us to step up again this year to ensure there is enough financial support for all who wish to attend Camp Lions will be able to attend. It is a time to dig deeper so that the low vision program will remain fully funded.

Please participate in our Birdies for Charity fundraiser and the Sight and Sound sweepstakes. Don't forget Diabetes Awareness Day and Tootsie Pop days as well. They are not only fundraisers for our Foundation but opportunities to serve your communities and raise awareness of our Lionistic activities.

You will be well served next year by Trustees Lion Priscilla and Lion Bill please continue to support our Foundation and their efforts to serve in your name.

It has truly been an honor.

LIF Trustee

*Lawrence R. Spaeth, PDG,
Priscilla M. Hedrick, PDG &
LIF Trustee Elect Bill Jordan, PDG*

DIABETIC RETINOPATHY

There are two main types of retinopathy. Nonproliferative retinopathy, the more common variety, is marked by the swelling of blood vessels. This may disrupt the transfer of nutrients and other molecules between a blood vessel and the eye. While generally not dangerous, nonproliferative retinopathy can suddenly threaten one's sight if blood leaks from a strained vessel near the macula. If the macula swells with fluid - a condition called macular edema - vision may become blurred or entirely lost. Sometimes nonproliferative retinopathy becomes proliferative, which is more destructive.

Proliferative retinopathy damages capillaries so much that they shut down, triggering the growth of abnormal blood vessels. The new capillaries tend to leak or cause tissue to form, both of which can lead to vision loss. Scar tissue may distort the retina , triggering a condition called retinal detachment.

Glaucoma stems from a buildup of eye pressure that cuts off blood vessels linking the retina and the optic nerve. While glaucoma isn't as closely associated with diabetes as retinopathy is people with diabetes are 40 percent more likely to develop glaucoma than those without. Cataracts, a clouding over the lens that blocks sight, are a common part of getting older, but diabetes seems to cause them at a younger age. People with diabetes under 60 years old are three to four times as likely to develop cataracts as those without diabetes.

Lion Al Gort, PDG

847-855-8384

a.gort@sbcglobal.net



Lions of Illinois District 1-F

Annual "Run/Walk for Sight"

Sunday – September 30, 2012

Information Sheet

Raise Money for Your Organization

Helping our worthy cause...

Can help your worthy cause!

A portion of the donation money you collect can be returned to your organization, if you qualify. Get details from your local Lions Club, Lioness Club, Leo Club or the Lions of Illinois Foundation.

How You Can Participate...

Individual Run/Walkers - Collect your donations and join other walkers who are supporting the same cause:
"We Run/Walk ... To Light The Way!"

Teams- Why not join forces, whether it's at work or home or your club or organization and form your own team for the "Walk for Sight". What a great way to show your combined support as well as share in the fun of the day.

Lioness, Leo & Lion Club Teams - A group of walkers (Club members, family, friends) representing your Lions Club.

Organization Teams - A group of walkers representing the same organization - for example: a high school, junior high, church group, scout troop, a school band, youth group or local booster club. What a great way to earn "Community Service" points and at the same time, raise money for your organization.

Note: You can only belong to one team.

Registration & Donation Form

Walkers, groups, and organizations need to register through their local Lions Club, Lioness Club, Leo Club, or direct with the Lions of Illinois Foundation. All registration forms, with donation money collected, should be turned in prior to the "Run/Walk for Sight" event. Each run/walker is encouraged to collect at least \$100 in donations.

All checks must be made payable to: *Lions of Illinois Foundation*. Donations are Tax Deductable.

Entry Fees

Adults: \$20 per individual run/walker.

High School Students and Younger:

Entry fee is free, but each run/walker is encouraged to collect at least \$50 in donations.

Leave Your Footprints

Our goal is that the "Run/Walk for Sight" becomes a personal tradition and source of fulfillment for each walker who participates. We run/walk so that they can see.

Schedule of Events

- 9:00 a.m. – Registration begins
- 10:00 a.m. - 5K Run
- NOON Picnic lunch
- 1:00 p.m. – 2.2 Miles "Walk for Sight" begins

Location

Century Park North Pavilion
1401 Indianwood Drive
Vernon Hills, IL 60060
North of route 60
Between Route 21 and
Butterfield Road

Watch for signs.

For more information or to sign up:

Lion Don Borgwardt
Walk For Sight (walk/run)
629 W. Bayou Court
Fox Lake, IL 60020
847-546-1993
CELL 847-207-5521
FAX 847-740-8489
dibaines@aol.com

Join us as we enjoy the beauty of our Walk site, help serve those less fortunate and raise money for your organization!



Lions of Illinois Annual Walk for Sight

"We Run/Walk...to Light the Way"

Every Participant must fill out this form

Please Print

Name: _____

Address: _____
(Street)

(City, State, Zip)

Registration Fee: _____

\$20 per participant.

All checks must be made out to Lions of Illinois Foundation. Donations are Tax Deductable.

Phone: _____

Lions Club or Organization Name: _____

Email address: _____

I am walking/running as (select only one): _____ Each person on a team must fill out a form!

An individual _____ Lion Club Team - name: _____

Family Team- family name: _____ Organization Team - name: _____

I, the undersigned for myself, my heirs, executors, administrators and assigns, do hereby release, and discharge the Lions of Illinois Foundation, and any or all event sponsors, from any and all claims, demand actions and/or causes of action of any kind for any injuries or damage sustained by me arising out of my participation in this event including pre and post activities. Attest and verify that I am sufficiently physically fit to participate in this event and that I have no condition that prevents me from safely participating herein. I understand that the Lions of Illinois Foundation, the event sponsors, and/or news organizations may photograph and videotape images containing my likeness which will be the sole property of the photographer and the Lions of Illinois Foundation. I here-by authorize the Lions of Illinois Foundation, the events sponsors, and/or news organizations covering this event to use or publish said images containing my likeness in the news accounts, for publicity, in promotional material, and for any other lawful purpose.

* All walker's/runner's signatures (if under 18, parent signature is required)

Signature _____

Sponsor's Name	Address, City St, Zip	Donation Amount

For Foundation Use Only: _____

FEE/DONATION TOTAL: _____

Checks must be made payable to: Lions of Illinois

Foundation. Your cancelled check is your receipt.

Donations are Tax Deductable.

Form Received Date: _____



Lake Villa Township Lions Jim Stout, Ron Hlavin, Michelle Marturano, Julie Stanley, Dominic Marturano, Pat Gallagher and Brian Franas starting their Saturday picking up trash along Rollins Road in Lake Villa Township.



Barrington Lion Jim Wilson (right) presents Bob Lee with a donation to support Lee's 3rd long distance charitable bicycle ride this September.



The Gagewood Lions Club sort eye glasses to be sent to the Lions of Illinois Foundation.

“Lions Focus On Service”



Gagewood Lion Carroll Flood , Borderline Leo Becca Reading and Gagewood Lion Mary Reading sell used books at the Winthrop Harbor Lions garage sale.