



# HEARTBEAT

## Helping those in need

*Good tidings to all,*

I trust everyone had a wonderful Thanksgiving Holiday. Hope the bargain hunting Lions who braved Black Friday were successful. Now we are gearing up for the next leg of the holiday season – Hanukkah, Christmas and the New Year.



This is the time of year where we turn our thoughts and actions to those less fortunate. This is where Lions make an impact on their communities. Lions are providing toys to children in the area, serving and providing meals, having coat drives, helping with village tree lightings, caroling for those in assisted living, even playing the role of Santa or Santa's helper. Everything you do makes a difference!

As you make these impacts, it is vital that your service work get recorded. LCI needs this info so that we know how many millions of people are helped, how many hours, how many hands, etc. Let's try something new this year — if every activity chairman could provide their Club Secretary with the info needed, the Club Secretary could forward the information to the Cabinet Secretary, Lion Shelly Gallagher, who can take it from there. So far there are only 4 clubs in the District reporting. Can we get all clubs to report? 100% would be so awesome!



**KATHLEEN E. MARUSICH**  
DISTRICT GOVERNOR

District 1-F Lions  
2018-2019

"Lions Have a Heart for Service"

100

## Digital Directory

Click the cover of the District 1-F Lions 2018-2019 Directory to view a digital version and instantly find the contact information for Lions through the District.

[Click Here](#)

An update on the Mount Prospect Lions Challenge — as of Nov. 28, gifts totaling \$5,000 have been sent to Child's Voice! Great job Lions! Keep up the great work!

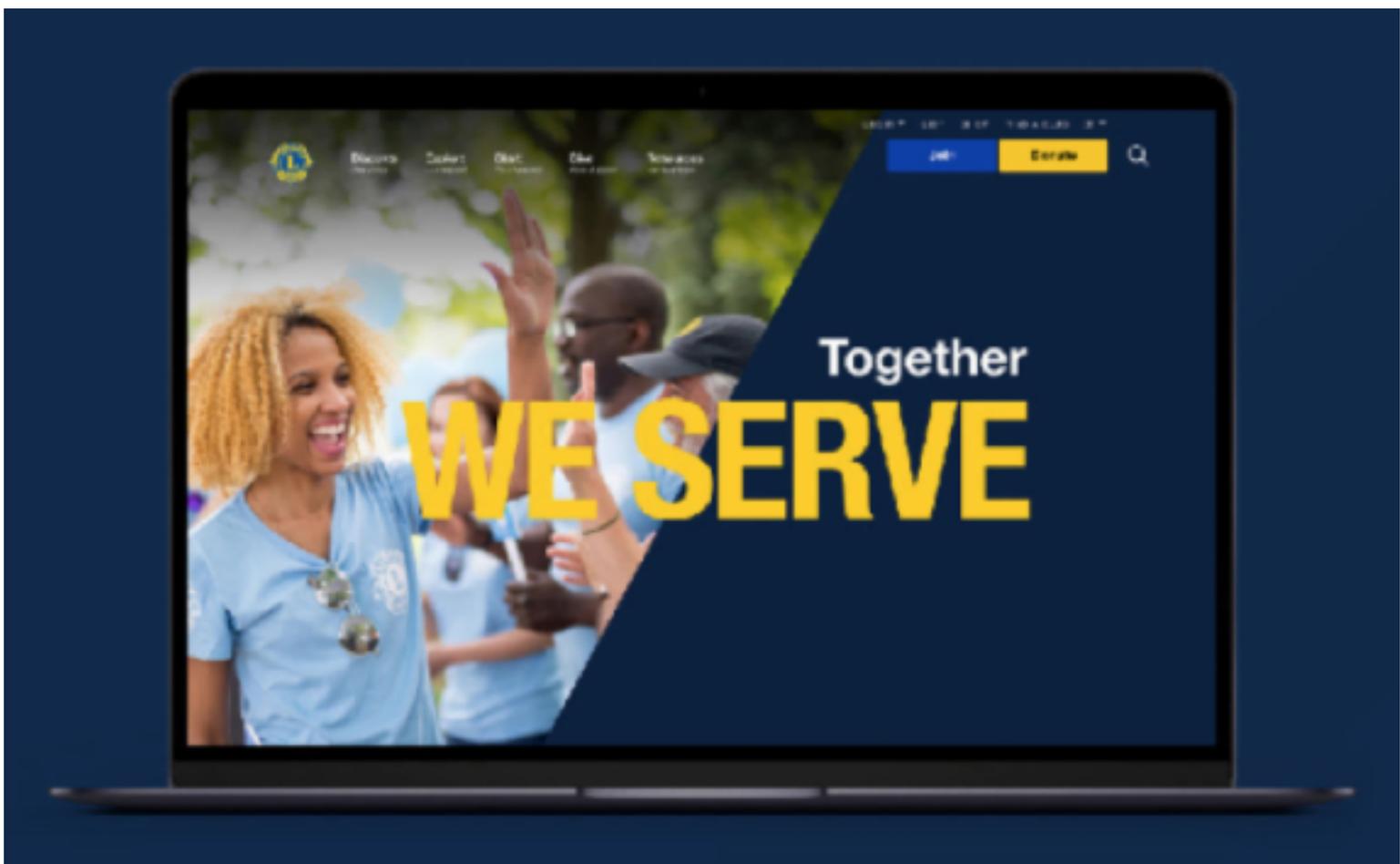
On behalf of the District Governor's team and the Cabinet, have a wonderful Hanukkah, Christmas and a Happy Healthy New Year! Enjoy the Season, have fun, be safe and feel refreshed! As always, our thoughts and prayers go out to our military, veterans, first responders and those in need in our communities.

Lions have a Heart for Service,  
**Lion Kathleen Marusich**, D1F Governor  
[kathleenmarulion@gmail.com](mailto:kathleenmarulion@gmail.com)



**State Pins for Milan, Italy**, are now available. Please contact your District Governor, First VDG, Second VDG or Zone Chair. Only \$1.50 each!

## Discover the Service Launchpad



Check out the Service Launchpad here: <https://lionsclubs.org/en/start-our-approach/service-launchpad>

All around the world, Lions and Leos are discovering new ways to serve and strengthen their communities. As the movement of global service continues to grow, clubs can now turn to an exciting new tool to help them initiate service activities that support our global causes.

The Service Launchpad is an interactive tool featured on the new LionsClubs.org that connects clubs with actionable planning resources by asking a few simple questions, such as:

- Which cause are you interested in serving?
- How long would you like your project to last?
- What age group are you interested in serving?

Using the Service Launchpad, your club can generate a list of relevant Service Project Planners with just a few clicks. Once you've entered your criteria, you'll be able to download a planner immediately, or modify your search to reveal new opportunities.

You never know—the Service Launchpad just might be your new best friend for project planning!

## A message from our International President

As we near the end of the calendar year, we should take time to reflect and celebrate what we have accomplished and what we hope to achieve in 2019.

You likely know that members who are inactive or otherwise not engaging in club activities or service are dropped in December to prevent a club from being charged their membership fee. In order to help decrease this number, we are asking you to take measures to support membership retention to ensure a strong finish at the end of the calendar year, and a strong beginning in January.



The origin of “retain” comes from old French, meaning to keep “attached to one’s person, to keep in service.” That is exactly what we are asking you to do this December—to help members in your district to keep attached and to keep engaged in service.

I want to recognize this hard work, so the districts that achieve a net growth of 50 members between July 1, 2018-December 31, 2018 will receive a special plaque and be acknowledged in LION Magazine and on the website.

Please work with club membership chairpersons in your district to hold members together through meaningful connection. Help them develop plans to celebrate their members, find out what they are passionate about, and then ensure there are meaningful ways to involve them. Help them ensure that members have a sense of belonging in their clubs. It is critical that our organization is able to retain as many members as possible to extend the most amount of service and make the greatest impact around the world.

Thank you for your continued dedication to Lionism and service for good.

In friendship,

Lion Gudrun Yngvadottir  
LCI International President

# A message from Global Membership Team Leader



Constitutional Area 1 (USA, Bermuda, Bahamas and the Islands of the Caribbean) continue to reduce the membership decline. We aren't to positive membership growth yet, but when compared to 2017-18 we have reduced our membership loss by more than 3,100.

One of the best years for membership in recent times was under President Corlew's leadership, 2016-17. The first five months of this year are even better than 2016-17.

Hence, with the momentum that you have created, we should be able to push through December drops and be ready for a membership explosion from January to June, 2019.



It's the Holidays!! While we may not be able to enlist more volunteers during the next few weeks, we can begin to plan for January 2019. May I suggest the following?

Join us on January 10, 2019 at 6:00 to 7:00 PM Central Standard Time for 8 to 48 Growing Clubs for Greater Service. Here is the link to register: <https://bit.ly/2SmJCsS>

1. Meet with your Global Action Team and formulate a Plan of Action to charter a Club in January 2019.
2. Ask Zone Chairs to meet with all clubs and encourage clubs to plan a Membership Growth Event. Recently I was asked, "Why do you always talk about bringing in more members?"

My reply: Lions Clubs International is the only organization that is large enough to tackle and conquer issues like hunger; diabetes; pediatric cancer; eradication of all treatable and preventable blindness; and, elimination of environmental hazards.

We don't need more members to be the largest service organization. We have over 1.4 million members.

We need more members to provide more service and provide hope to the hopeless. The needs of our community are greater than what we can do with our current membership.

Working together in the next 7 months, we the Lions of Constitutional Area 1 will show the world that we are serious about enlisting more volunteers, providing greater service and developing more Lion leaders. Will you Dial it up? Will you give just a few extra minutes every day to improve the quality of our clubs, your district and the world?

Lion Jerome Thompson  
Past International Director  
Global Membership Team Leader, Constitutional Area 1

## A message from LIF District 1-F Trustee

Dear District 1-F Lions, Lionesses,  
LEOs & CUBs,

As we approach the Holidays and Giving Season, I'd like to bring you up-to-date on the information I gathered while attending the Lions of Illinois Trustee Meeting on the weekend of Oct. 3rd in Bloomington, IL, and the following weekend of Oct. 10th when I attended the Lions of Illinois MD-1 Forum in Springfield, IL.

I must also note that without the assistance of my Partner-in-Service, Julian, I would not be able to report this information to you.

Most of our Trustee Meeting centered on the establishment of Adult Low Vision Clinics to be in various centers in the state. LIF has partnered with the Center for Sight & Hearing in Rockford and the Lake County Center for Independent Living in Mundelein. The goal as the program expands is to partner with facilities across the state in order to provide the best coverage and easiest access for those we serve. Most of you are acquainted with the LIF Low Vision program that has been in existence for Children in districts in our state.

Other LIF programs discussed included: Annual Sweepstakes Campaign to include an Early Bird Drawing beginning in February, March, and April; Candy Day, Car Show, Tootsie Pop Campaign changes, Gift Card innovations and future introductory meeting; LIF Gala to be held in September 2019, and LIF Diabetes Awareness Campaign. Further information is forthcoming on all the aforementioned items.

The Lions of Illinois Forum was informational and extremely well-planned. Each of the topics were ones that each Lion, no matter which district one resides, could gain insight as to how it could be used to aid in our message in helping those who are in need of our assistance.

Sincerely in Lionism,  
PDG Lion Molly M. Penny  
District 1F Lions of IL Trustee



Phone: 847.707.8646

Lions of Illinois Foundation

Lion Molly Penny, PDG  
District 1-F Trustee

penny246@comcast.net  
www.lionsofillinois.org

# A mother gives thanks

My son Landon spent the first five years of his life in and out of hospitals. He was born five weeks early, and eventually diagnosed with cerebral palsy. When Landon began walking, he was never able to walk more than a block, and we relied heavily on a stroller.

All that changed when Landon was matched with his Canine Companions assistance dog, Artemus. Landon walks with Artemus every night. They've worked up to walking a mile, and his stroller has since been retired.

My son, who was once shy, now likes to educate people about Canine Companions and tell them that, one day, he plans to be a dog trainer.

Artemus was expertly trained in more than 40 commands so he can bring greater independence to children like my Landon. Canine Companions assistance dogs can pick up crayons, open doors, pull a wagon and so much more! Artemus is also a HUGE motivator for Landon.

The bond between Landon and Artemus is unbelievable. Their love continues to blossom. Now, we can't imagine a day without Artemus by Landon's side.

Thank you for changing the lives of children like Landon.

Sincerely,  
Christi, Landon's Mom



## Lions Project for Canine Companions for Independence

Lions participation in Canine Companions dates back to the organization's very beginnings in the mid 1970s. Lions and Lionesses in Northern California were the first volunteers recruited by Canine Companions to serve as puppy raisers and breeder caretakers. Interest grew and the Lions Project was formed in 1983 to coordinate and support efforts of Lions, Lionesses and Leo Clubs across the United States through a Club Membership and volunteer program.



[Give a Gift Today](#)

# Lions Club News

Send in your Lions Club news to Lion Dennis Spaeth at [dspaeth46@comcast.net](mailto:dspaeth46@comcast.net)



## *Grayslake Lions induct new members*

Dist 1F Governor Kathleen Marusich installed three new members to the Grayslake Lions Club at the November meeting.



The Mount Prospect Lions Club issued a fundraising challenge to Lions throughout the State of Illinois to help Child's Voice, which is a listening and spoken language program for children with hearing loss.

The Mount Prospect Lions Club vowed to match up to \$5,000 in donations to the group after learning about Child's Voice through a presentation given by Kate Bousum (rhymes with Awesome). Located



in Wood Dale and Chicago, the group was founded by a group of dedicated and determined parents who want to provide an opportunity to learn to listen and talk for children with hearing loss.

Lions Clubs that want to answer the challenge should issue a check made out to Child's Voice and mail it to the Mount Prospect Lions Club where donations will be tracked and forwarded to Child's Voice. Checks should be mailed to the following address: Mt. Prospect Lions Club, Attn: Lion Jessica Putra, c/o PO Box 332, Mt. Prospect, IL 60056.

The challenge is in effect through Feb. 1, 2019, so there is plenty of time for discussion at winter meetings!

For more information about the group, visit [www.childsvoice.org](http://www.childsvoice.org) . Or consider contacting Kate Bousum at [kbousum@childsvoice.org](mailto:kbousum@childsvoice.org) . She would love a chance to make a presentation at a club meeting (or zone meeting, joint zone meeting, Quad Club, etc).

**WINDY CITY BULLS**  
AFFILIATE OF THE 

# DEAF AWARENESS NIGHT


**1/12 • 7:00 P.M.**  
FIRST 1,500 FANS RECEIVE  
A GUS/BENNY BOBBLEHEAD

Join the Windy City Bulls (NBA G League affiliate of the Chicago Bulls) at the Sears Centre Arena –Hoffman Estates  
A portion of each 100-Level \$20 ticket will be donated back to the Lions Club. Must be ordered in advance with link below.  
**TICKETS:** <https://groupmatics.events/event/LionsJan12> **QUESTIONS:** Contact Jazmine at (847) 396-9303 or [JConstantino@Bulls.com](mailto:JConstantino@Bulls.com)

Come join the Schaumburg-Hoffman Lions Club on Saturday, January 12 to watch the Windy City Bulls play at the Sears Centre Arena in Hoffman Estates. Doors open at 6:00pm.

This night is also Deaf Awareness Night as the team recognizes their deaf and hard of hearing friends. The team will wear specially designed jerseys that spell “Bulls” in American Sign Language. The uniforms will then be auctioned off with proceeds donated to the Illinois Association of the Deaf.

The first 1000 fans will receive Windy City’s first ever bobblehead giveaway featuring Gus T. Bull and Benny the Bull!

Order tickets here: <https://groupmatics.events/event/LionsJan12>

A portion of the ticket sales will support the Schaumburg-Hoffman Lions Club’s community service projects.



**NORTH CHICAGO  
LIONS CLUB  
9-PIN NO TAP**

**BOWLING FUN FUNDRAISER**

**SATURDAY, JANUARY 19, 2019**

**BERTRAND LANES  
2616 Washington Street  
Waukegan, IL 60085**

**BOWLING AT 6:30 p.m.  
Individuals are Welcome  
Entry Fee: \$15.00 per Bowler**

Please send entry fee and bowlers names to:

Lion Kathy Deram-Clark  
1218 Park Avenue  
North Chicago, IL 60064

Make checks payable to North Chicago Lions

Questions: [kderam@comcast.net](mailto:kderam@comcast.net)

**NON BOWLERS are Welcome – There will be 50-50 Raffle**

**COME JOIN THE FUN**



# Come join us for the Thirteenth Annual ELK GROVE LIONS TRIVIA NIGHT

Proceeds to benefit the sight and hearing impaired

## Saturday, January 26, 2019

### ELK GROVE PARK DISTRICT GARDEN TERRACE ROOM

1000 Wellington Avenue, Elk Grove Village, IL 60007

Doors Open 6 p.m.

Game starts 7 p.m.

.Sign up as a team of 8. Couples or singles will be placed at a table

.Bring dinner and/or snacks – no outside beverages

.Cash bar – beer, wine and soda – free coffee all night long

.Cash prize for winning trivia table

.Cash award for the best dressed/decorated table with a theme of your choice

50/50 squares

Gift Basket raffle

**PRE-REGISTRATION ENDS January 22<sup>nd</sup>, or pay at the door. (limited spaces)**

Team Contact Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Team members' names & email

_____	_____
_____	_____
_____	_____
_____	_____

Enclosed is my check payable to Elk Grove Lions Club for \$ \_\_\_\_\_

(TABLE OF 8 - \$160; COUPLE \$40; SINGLE \$20.)

Mail to:

Lion Lenore Zumph, 916 Knottingham Dr., Schaumburg, IL 60193 (847-985-0381)

# District 1-F Bowling Tournament

Sunday, February 10, 2019

Bowling times are 10:00AM and 1:00PM

\$20 a person or \$80 per team until January 19  
\$25 a person or \$100 per team after January 19

Lakeside Recreational Lanes

900 South Lake Street

Mundelein, IL

Teams of 4

Play for fun or play for the challenge

We will have raffles between 12:00PM-1:00PM  
and a separate 50/50 during each session

Space is limited; please sign-up as soon as possible

Co-Chairs:

Lion Susan Spaeth

847-209-7921 or [susanspaeth@att.net](mailto:susanspaeth@att.net)

Lion Geoff Spaeth

847-254-4074 or [spaethg@yahoo.com](mailto:spaethg@yahoo.com)

# District 1-F Bowling Tournament Registration Form

**Sunday, February 10, 2019**

**10:00AM and 1:00PM**

Team Captain: \_\_\_\_\_ Contact info: \_\_\_\_\_

Time: 10:00AM \_\_\_\_\_ or 1:00PM \_\_\_\_\_

Player	Male or Female	Handicap	Club

\$20 a person or \$80 per team until January 19  
\$25 a person or \$100 per team after January 19

Co-Chairs:

Lion Susan Spaeth 847-209-7921 or [susanspaeth@att.net](mailto:susanspaeth@att.net)

Lion Geoff Spaeth 847-254-4074 or [spaethg@yahoo.com](mailto:spaethg@yahoo.com)

Mail Registration forms with payment to:

Susan Spaeth

622 West Bayou Court

Fox Lake, IL 60020

**Make Checks payable to District 1-F Lions**

*Lanes are limited, get your registration in asap to reserve your lane.*

# District 1-F Lions Convention Resources



**District 1-F**  
International Association of Lions Clubs

2019-2020

**Anthony C. Bognardi**  
District 1-F Chairman

**Proceedings Booklet Letter**

Encourage your club to participate in the District 1-F Convention Proceedings Booklet. This booklet is a valuable resource for your club and is available for purchase at a special price. The booklet is available for purchase at a special price of \$2.00 per club. The booklet is available for purchase at a special price of \$2.00 per club. The booklet is available for purchase at a special price of \$2.00 per club.

**Personnel**

**Annual Reports and All Ads and Photos**

Ads are due by Saturday, January 18, 2020. Don't let this great opportunity pass you by!

Chairman: Anthony C. Bognardi  
Vice Chairman: [Name]  
Secretary: [Name]  
Treasurer: [Name]  
Public Relations: [Name]  
Webmaster: [Name]  
District 1-F Office: [Address]

**Proceedings Booklet Letter**



**District 1-F Convention 2019**  
Proceedings Booklet  
PATRON LIST

PERSONS ARE \$2.00 per Line/Name

PLEASE PRINT and Consider e-mailing the list to: [bookings@lions1f.org](mailto:bookings@lions1f.org)

1. \_\_\_\_\_  
2. \_\_\_\_\_  
3. \_\_\_\_\_  
4. \_\_\_\_\_  
5. \_\_\_\_\_  
6. \_\_\_\_\_  
7. \_\_\_\_\_  
8. \_\_\_\_\_  
9. \_\_\_\_\_  
10. \_\_\_\_\_

PLEASE PRINT AND E-MAIL TO: [bookings@lions1f.org](mailto:bookings@lions1f.org)

**Proceedings Booklet Patron List**



**District 1-F Convention 2019**  
Proceedings Booklet  
ADVERTISEMENT ORDER FORM

Advertising in the 2019 District 1-F Convention Proceedings Booklet provides business and clubs with a valuable opportunity to make a lasting impression within the community and throughout District 1-F.

Size: \$600 Color  
2 Page Spread: \$275 \$425  
Full Page: \$275 \$425  
Half Page: \$150 \$150  
1/3 Page: \$60 \$100  
Business Card: \$25 \$50

PLEASE PRINT AND E-MAIL TO: [bookings@lions1f.org](mailto:bookings@lions1f.org)

**Proceedings Booklet Advertising Form**

**Save the Date:**

**District 1F Convention**

**Fri. Mar. 15 - Sun. Mar. 17**

**Renaissance Chicago North Shore**

**Northbrook**



**A Taste of Italy**



# SAVE THE DATES

## DISTRICT 1-F LIONS EVENTS

\* LIF: Lions of Illinois Foundation

- **Jan. 7, 6:30 p.m., Joint Zone Meeting** | South East & North East zones | [More info](#)
- **Jan. 19, District 1-F Third Cabinet Meeting**, Lake Zurich Lions Den
- **Feb. 10, District 1-F Bowling Tournament**, Buffalo Grove | [More info](#)
- **Feb. 17, Arlington Heights Lions Club Chili Cook-off**
- **Mar. 1 - May 31, LIF Diabetes Awareness Campaign** | [More Info](#)
- **Mar. 14, District 1F Fourth Cabinet Meeting**, Renaissance Chicago North Shore Hotel, Northbrook
- **Mar. 15-17, District 1-F Convention**, Renaissance Chicago North Shore Hotel, Northbrook | [More info](#)
- **May 3-4, Lions of Illinois Foundation Tootsie Pop Day**
- **May 17-19, MD-1 Illinois State Convention**, Springfield
- **May 20, Barrington Lions Club Golf Tournament** | [More info](#)
- **Jun. 9, District 1-F Fifth Cabinet Meeting**, TBD
- **Jul. 5-9, Lions Clubs International Convention**, Milan, Italy

Please forward all events to [d1flionsroar@gmail.com](mailto:d1flionsroar@gmail.com) and we will do our best to include them in the next upcoming events email blast on or around the 25th of each month.